



CANADIAN MENTAL
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Media Release

For Immediate Release- June 8th, 2010

Winnipeggers Share their thoughts on Mental Health

CMHA Winnipeg reveals results of Winnipeg wide survey on mental health issues

On November 19, 2009, the Winnipeg Region of the Canadian Mental Health Association (CMHA) launched *"Tell Us What You Think"*, an online survey aimed at finding out what Winnipeggers think about mental health programs and services.

"Nearly one in five Canadians is affected by mental health issues, yet there is much we don't know about how it affects the every day lives of people in our city," said Nicole Chammartin, Executive Director of CMHA Winnipeg. "So we wanted to give Winnipeggers the chance to tell us what they think".

Bob Melnyk, Board Chair for the CMHA Winnipeg Region, said, "the results of this survey are critical to our planning over the next few years. We are really impressed by the amount of people who responded and how much they had to say!"

555 people responded to the online survey between November 19th, 2009 and March 31st, 2010. The survey consisted of 22 questions ranging from what people believe are priority areas for mental health in Winnipeg to important areas of focus for service organizations such as CMHA Winnipeg Region.

The report will be released at the CMHA Winnipeg Annual General Meeting June 9th at the Winnipeg Art Gallery, and will be available online at www.cmhawpg.mb.ca as of June 10th.

For more information, please call 982-6100.

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