

Folk for Families

The Winnipeg Folk Festival presents *Folk for Families* at the Millennium Library each spring. Bring the little “folks” out for a Saturday of singing and dancing! There’s no time like the present to get our wee folk in the festival spirit! Local family performers will have little ones singing, dancing and learning all while having fun.

Saturday afternoons at 1:30 PM—2:30 PM at the Millennium Library. Admission is FREE.

Fall 2011/Spring 2012 Schedule:

September 10, Alphabet Soup

October 15, Jake Chenier

November 12, Double Trouble

January 14

February 11, Judy Cook and Swingset

March 10

April 14

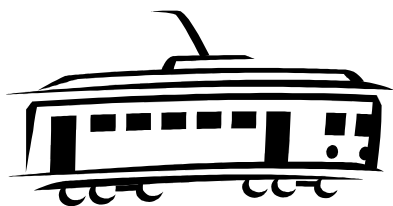
Main Street Transit

On July 26, 1892 the first electric street car ran on Main Street to Selkirk Ave. at a max speed of 7mph with Mayor MacDonald and City Council on board.

Tickets cost one dollar for 50. Staff Wages \$35/ month, 10.5 hours per day, 6 days a week. The annual revenue for that year showed a profit over gross operating expenses of \$2485 (at 2¢/ride)! Even undertakers used the service—on March 15, 1903 Thompson and Sons used the service in a procession to St. James cemetery.

Interestingly by 1914 there were “more than 60 hotels between the CPR and CNR (rail) Stations,” of which the Bell Hotel was one.

Used with permission courtesy of The Manitoba Historical Society and Links; and Winnipeg Dreams.blogspot.com/George Siamandas.



Harvest Menu

Minestrone Soup

- 1 cup chopped onion
- 1 cup chopped carrot
- 1 cup diced celery
- 1 cup diced potato
- 1 cup shredded cabbage and/or
- 1 can sliced mushrooms
- 1 cup chopped zucchini



Place in large soup pot 4 cups of chicken broth (soup cubes/ powder can be used); 1 large can (19oz) tomatoes. Add vegetables. Season with 1 tsp. dried basil; 1 tsp. dried oregano; 1/2 tsp. dried thyme; and pepper to taste.

Simmer until vegetables are tender and the kitchen is cozy and fragrant. Serve with Easy Breadsticks.

Easy Breadsticks

- A. Sift together: 3 cups flour , 1 Tbsp. Baking Powder, 1 Tbsp. sugar (optional)
- B. Preheat oven to 400°-425°. Melt 1/4 cup margarine in 9x13 pan.
- C. Beat 1 Tbsp. oil with 3/4-1 cup milk.

Combine A and C. Knead 5-6 times. Form into 9x13 rectangle, place in prepared pan. Cut into fingers. Bake for 20 minutes and enjoy with soup.

De-Stress Oatmeal Cookies

In large bowl “squish” together: 1 cup sugar, 1 cup flour with 1 tsp. baking soda, 1 cup margarine and 2 cup oats.

Squeezing the above into small balls is a good de-stress activity. Once balls are formed, butter a cookie sheet, set oven at 350°. Bake for 8-12 minutes.



Plain, tasty, comfort food for taking along in a backpack when going for Sunday walk.

Enjoy.



Events & Information



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Harvest Edition 2011

The Autumn Equinox

The Autumnal Equinox
“It is the summer’s great last heat,
It is the fall’s first chill: They meet.”
 ~Sarah Morgan Bryan Piott~

Equinox—from the Latin “equal night”

From the first day of fall, Winnipeg experiences fewer hours of daylight, spectacular weather changes, and many variations in foliage colour.

The autumn season is a terrific time to explore the historic Main Street area.

When construction began in 1875 on the first city hall, City Council declared a half day public holiday. The building was demolished in 1883. The second, grand City Hall was completed in 1886, lasting until the late mid century until the tower began to crumble; it was removed in 1961, then entirely demolished in 1962.

Work commenced in 1962 on the present day Civic Centre, completed at a cost of 8.2 million dollars and was officially opened on October 5, 1964.

Serving as a key site on Main Street, City Hall anchors “The Exchange District,” a 30 block area of an extensive collection turn-of-the-century architecture, the largest on the continent, and on September 27, 1997 was declared a National Historic Site.

One of these structures, “The Bell Hotel” at 662 Main Street was built in 1906 by Joseph Bernheart, and was managed by brothers Harry and Thomas Bell until sold in 1913 to the Bronfman family and was considered one of the city’s finest small hotels.

Now 104 years old, the Bell is being transformed in housing for 40 new residents by Centre Venture, with a projected cost of up to 5 million dollars, and will operate under a “housing first” philosophy with the residents committing to staying in touch with their social support agencies.

“CMHA’s role in the project,” Bell Scattered Sites will be working with up to 50 clients to secure permanent housing, to choose, get and keep housing. The partnership of CMHA, WRHA and Main Street Project was officially launched on August 26, 2011. CMHA will be welcoming five staff to provide services to this project.

All information courtesy of Virtual Heritage Winnipeg, Manitoba Historical Society



Culture Days

A Victorian Afternoon: No need to dust off your old history books! The Dalnavert Museum staff and volunteers will bring the stories and artifacts of this amazing, fully restored Victorian home to life. During our open house visitors will learn about the family of Sir Hugh John Macdonald, an important figure in Winnipeg's history and son of Canada's first Prime Minister. Croquet will be available all afternoon and kids can make their very own Victorian crafts. Visitors are invited to bring a picnic lunch and grab a spot on the lawn.

Take advantage of this opportunity to discover the beautiful house and grounds of Dalnavert, and have some good old fashioned fun!

Organized by the [Manitoba Historical Society Dalnavert Museum](#)

Date(s) & Time(s): Sunday, October 2, 2011 — 12:00 PM - 4:00 PM

Location: 61 Carlton St. (We are located at 61 Carlton St. in downtown Winnipeg, just south of Broadway.)

Tour the Tom Hendry Theatre at MTC Warehouse: On Sunday, October 2, 2011, the Royal Manitoba Theatre Centre is pleased to open the doors of The Tom Hendry Theatre at the MTC Warehouse to the public for self-guided full facility tours.

Not only does the Warehouse have its own carpentry shop, it also showcases a poster timeline of MTC throughout the years.



The Warehouse is located at 140 Rupert Avenue (at Lily Street). It is our smaller theatre where four cutting-edge plays rock an intimate, state-of-the-art, 286 seat house. It also plays home to our annual fundraising production, the MTC/Manitoba Bar Association Community Play, in 2010 it was The Producers, this past year it was Gypsy and in 2012 it will be Agatha Christie's The Mousetrap.

Organized by: Royal Manitoba Theatre Centre

Date(s) & Time(s): Sunday, October 2, 2011 — 1:00 PM - 4:00 PM

Nuit Blanche at the WAG: It's an all-night pandemonium of arts and culture! 6pm, Saturday, October 1 to 6am, Sunday, October 2.

Free public opening of two exhibitions: William Kurelek: The Messenger and Precise: Craft and Process.

- Live bands on the roof including Mariachi Ghost
- ARTcadia--indie video game arcade programmed by mrghosty
- A Very Nuit Blanche Film Night presented by the U of W Uniter.
- A new dance work by Jolene Baillie created just for Nuit Blanche
- GroundSwell presents Gyorgy Ligeti's Trio for Horn, Violin and Piano
- Music in the galleries with the WSO String Quartet
- Flash mob with Miss Lyndsay Ladobruk

Organized by: [Winnipeg Art Gallery](#)

Date(s) & Time(s): Saturday, October 1, 2011 — 6:00 PM - 11:55 PM

Sunday, October 2, 2011 — 12:05 AM - 6:00 AM

Location: 300 Memorial Boulevard



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Big Animation Station: Super size your animation workshop! This unique workshop gives students the opportunity to make large scale objects come to life in stop motion animation. Using hand made props, this larger than life workshop is a twist on traditional animation.

Organized by: Freeze Frame Storyline FX

Date(s) & Time(s): Friday, September 30, 2011 — 10:00 AM - 2:00 PM

Location: 1 Forks Market Road (This event will take place in the Atrium in the Forks Market). In case of rain this event is inside.

Create a Ukrainian Pysanka: Pysanka are an easily recognizable symbol of Ukrainian culture in Canada. They have so permeated our cultural landscape that the Canadian Oxford Dictionary cites 'pysanka' as a Canadian word meaning 'a hand-painted Ukrainian Easter egg usually having elaborate and intricate designs.' Dating back to pre-Christian times, the pysanka was a ritual object and talisman associated with the life-giving power of the sun and its ability to influence good forces in nature and to protect against or appease evil ones. In Christian times the pysanka has become the symbol of new life, the resurrection of Jesus Christ.

Pysanky are made using the wax resist method. A special writing instrument called a 'kystka' is used to apply melted beeswax onto the surface of an uncooked egg. The artisan 'writes' the designs and symbols in wax on the egg and then bathes the egg in a series of dyes. The wax seals the design in one colour -- at first in the natural white of the egg and then successively in other colours, from the lightest to the darkest.

Try your hand at creating your own pysanka on Saturday, October 1 at 2 pm. The workshop is limited to the first 30 participants to come through the door. Be prepared to spend 1.5 to 2 hours. Instruction and supplies will be provided.

Organized by: [UKrainian Cultural and Educational Centre](#)

Date(s) & Time(s): Saturday, October 1, 2011 — 2:00 PM - 4:00 PM

Location: 186 Alexander Ave East

Aerial Dance Class: If you're looking for something new, unique, and exciting, Aerial Danz is it! Aerial Danz is a thrilling combination of dance and acrobatics in the air! You will experience the freedom of movement and strength using Aerial Fabric suspended from the ceiling to float, spin and swing above the ground.

Class is open to all ages, no experience necessary. Please wear close fitting clothing (yoga wear is ideal, no jeans or clothing with zippers.)



Monica's Danz Gym has been offering aerial dance classes of all types since 2001 and is home to Momentum Aerial & Acrobatic Troupe, Manitoba's first and only aerial circus arts company.

Organized by: Monica's Danz Gym

Date(s) & Time(s): Saturday, October 1, 2011 — 1:45 PM - 3:00 PM

Location: 4-25 Scurfield Blvd (Located just west of Waverley Street and north of Bishop Grandin Blvd.).

In case of rain: Indoor activity

For more information about Culture Days please go to www.mb.culturedays.ca or email them at mb@culturedays.ca