



February is Psychology Month

“Psychology is for Everyone”

Exercise and Mental Health: Insights from Social Psychology

Dr. Dan Bailis

The Wellness Institute (Room 3)
at Seven Oaks General Hospital
1075 Leila Avenue, Winnipeg
Tuesday, February 28th, 11am-12pm

Co-sponsored by:



CANADIAN MENTAL
HEALTH ASSOCIATION

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POUR LA SANTÉ MENTALE



Bring your friends & family!

Free Admission!



Manitoba Psychological Society