



# February is PSYCHOLOGY MONTH

*"Psychology is for Everyone"*

## 2012 PSYCHOLOGY MONTH ACTIVITIES

### February 3

Challenging Students for Challenged Teachers

*Dr. Gary Shady & Mr. Gary Borger*

John W. Gunn School  
**FOR STAFF ONLY**

### February 3

Interdisciplinary Colloquium

*Various speakers*

P412 Duff Roblin Bldg.  
U of M, Ft Garry Campus  
3:00 – 7:00PM

**OPEN TO THE PUBLIC**

### February 6

Psychology Outreach Day at the WISH Clinic

*Dr. Maxine Holmqvist, C. Tysiaczny, R. Westmacott, and C. Pansera*

Mt. Carmel Clinic  
1:30 – 4:30PM

**OPEN TO THE PUBLIC**

### February 7

How Your Mind Affects Your Heart and What You Can Do About It!

*Dr. George Kaoukis*

Reh-Fit Centre  
7:00 – 8:30PM

**OPEN TO THE PUBLIC**

### February 9 & 10

Practical Applications of CBT to PTSD: It is not in the book

*Dr. Vivienne C. Rowan*

Univ. of Northern B.C.

**INVITED GUESTS ONLY**

### February 15

Getting Your Child to Go to Sleep and Stay Asleep

*Dr. Kirsten Wirth*

St. Amant, 440 River Road  
7:30 – 8:30PM

**OPEN TO THE PUBLIC**

### February 16

Using Psychological Services

*Dr. Gail Robertson*

Probation Services  
**FOR STAFF ONLY**

### February 17

Professional Psychology: Supply, Demand, and Need

*Dr. Karen Cohen*

PX236, PsychHealth Bldg  
Health Sciences Centre  
Time T.B.A. (check website)

**OPEN TO THE PUBLIC**

### February 22

Strategies for Helping Residents with Anger Management Problems

*Dr. Colleen Millikin*

Parkview Place Personal Care Home

**FOR STAFF ONLY**

### February 22 & 23

Psychology Booth at U of M Info Days

*U of M Psychology Dept.*

2<sup>nd</sup> Floor, University Centre  
U of M, Ft. Garry Campus  
9:00 AM – 2:00PM

**PUBLIC: INTENDED FOR HIGH SCHOOL STUDENTS**

### February 23

What is Psychology?

*Dr. Andrea Piotrowski*

Garden City Collegiate

**INVITED STUDENTS ONLY**

### February 23

Psychology as a Profession

*Dr. Pamela L. Holens*

Dakota Collegiate

**INVITED STUDENTS ONLY**

### February 24

Psychological and Spiritual Development: Are They Actually Different Processes?

*Dr. Douglas Tataryn*

Hollow Reed Holistic Centre  
761 Westminster Ave, Wpg.  
7:30 – 9:00PM

**OPEN TO THE PUBLIC**

### February 28

Exercise and Mental Health: Insights from Social Psychology

*Dr. Dan Bailis*

Wellness Institute, Rm. 3  
Seven Oaks Hospital  
11:00AM – 12:00PM

**OPEN TO THE PUBLIC**

### February 28

Using Your Brain to Help Your Pain

*Dr. Aynsley Verbeke*

Wellness Institute, Rm. 3  
Seven Oaks Hospital  
1:00PM – 2:30PM

**OPEN TO THE PUBLIC**

### February 28

Concussions and the Need for Baseline Neuropsychological Assessments in Young Athletes

*Dr. Leslie Ritchie and Dr. Andrea Kilgour*

Sport for Life Centre,  
Sport Manitoba  
6:30PM

**OPEN TO THE PUBLIC**

### February 29

If Change is Good For Us, Why is it So Hard?

*Dr. Becki L. Cornock*

BRHA Services Building  
**FOR BRHA STAFF ONLY**

### February 29

Women and Money: It's Complicated

*Dr. Moira Somers*

Rady Jewish Community Centre  
123 Doncaster Street  
7:30 – 9:00PM

**OPEN TO THE PUBLIC: WOMEN ONLY**

### February 29

Art as Therapy: Why Non-Verbal Expression Can Be Healing!

*Dr. Douglas Tataryn*

Frame, 318 Ross Ave  
(In the Exchange Area) 7:30 – 9:00PM

**OPEN TO THE PUBLIC**

### March 2

Vineberg Award Talk

*Ms. Natalie Mota, Ph.D. Candidate*

P412 Duff Roblin Building,  
Fort Garry Campus,  
University of Manitoba  
3:00 – 4:30PM

**OPEN TO THE PUBLIC**

### March 2

Researchpalooza

*U of M Psychology Dept.*

P412 Duff Roblin Building,  
Fort Garry Campus,  
University of Manitoba  
4:30PM

**OPEN TO THE PUBLIC**

### March 5

Fibromyalgia and the Family

*Dr. Matthew Bailly*

Fibromyalgia Support Group  
825 Sherbrook Street  
7:00PM

**OPEN TO THE PUBLIC (\$3 drop-in fee for non-members)**

Throughout February 2012,  
look for Posters about "PSYCHOLOGY MONTH"  
in all Winnipeg Public Libraries and  
Organizations in which Psychologists  
currently work!

*For the full schedule please see  
the calendar on the MPS website:  
[www.mps.ca](http://www.mps.ca)*

